

Information and Consent Form for HydraFacial Treatment

✿ About HydraFacial

HydraFacial is a hydrodermabrasion treatment that combines cleansing, exfoliation, extraction, hydration, and antioxidant protection in a single procedure. It helps achieve clearer, more radiant skin with minimal downtime.

The treatment uses a gentle vortex (spiral) water flow to dislodge and remove impurities, excess sebum, and dead skin cells while simultaneously infusing moisture into the skin. This unique system allows for deep cleansing of the pores with minimal irritation, making it suitable even for sensitive skin.

✿ Indications

HydraFacial may be effective for the following concerns:

- Blackheads, clogged pores, enlarged pores
- Acne and oily skin
- Rough skin texture, dullness
- Fine lines and wrinkles

✿ Treatment Method

The HydraFacial procedure uses a water-based solution infused with skin-nourishing ingredients. Compared to traditional chemical peels, it significantly reduces the risk of dryness and skin irritation. The treatment is performed using an FDA (U.S. Food and Drug Administration) -approved device, which ensures a high level of safety. Its specialized tip gently exfoliates excess sebum and dead skin cells while flushing out impurities from deep within the pores.

✿ Precautions

- You may experience temporary sensations such as tightness, mild redness, or irritation after the treatment. These are normal responses and typically resolve within 72 hours, depending on individual skin sensitivity.
- A stinging or tingling sensation may occur in the treated area. This usually subsides within a few hours. If the discomfort becomes too strong, please inform the practitioner immediately.
- Individual responses to the treatment and healing time may vary, and in some cases, recovery may take longer than usual.
- Avoid using topical acne medications with exfoliating properties, as well as products containing tretinoin or retinol, for 1 to 2 weeks before and after treatment.
- Results are often visible immediately after the treatment, with noticeable improvement in skin texture and hydration lasting 1 to 4 weeks.
- Your skin will be more susceptible to sunburn and UV damage following treatment. Avoid excessive sun exposure and apply sunscreen with at least SPF 30 daily.
- Please note that results may vary from person to person.

✦ Patients Who Should Not Receive Treatment / Those Requiring Special Caution

Treatment is not recommended in the following cases:

- Individuals with autoimmune diseases such as HIV, lupus, hepatitis, or scleroderma
- Presence of eczema, dermatitis, rashes, or active skin infections
- Suspicion of malignant tumors or lesions
- Recent sunburn or excessive sun exposure
- Pregnant or breastfeeding individuals
- Those taking anticoagulant or blood-thinning medications
- Individuals with neurological conditions, such as epilepsy
- Those with urinary tract infections, including infections of the kidneys, bladder, or urethra
- Individuals with Crohn's disease, hyperthyroidism, deep vein thrombosis (DVT), or lymphedema
- Open wounds or injuries on the face
- Known alcohol sensitivity
- Patients who have received dermal fillers (e.g., hyaluronic acid), e.g., Botox or autologous fat injections in the treatment area

Please be sure to follow all instructions provided by your treating physician throughout the treatment period. Failure to do so may result not only in reduced treatment effectiveness but also in potential health complications.

If you experience any unusual symptoms during the treatment process, please promptly report them to a doctor or nurse, and follow the physician's guidance after a proper medical assessment.

At our clinic, we take clinical photographs to document treatment progress in your medical records. If you do not consent to these photographs, it may not be possible to adequately monitor your progress, and we may not be able to appropriately address inquiries about treatment results or manage complications (e.g., skin reactions or nerve symptoms) that may occur.

Please be aware that additional treatment fees may apply in the event of complications.