

Explanation and Consent Form for NMN infusion therapy

✿ About NMN infusion therapy

NMN is one of the components contained in vitamin B3, and its official name is "Nicotinamide Mononucleotide." It is a naturally occurring substance present in humans and many other organisms, produced within the body. However, its levels decrease with age, which may lead to various physical changes. This decline in NMN is believed to be closely associated with the aging process. NMN IV therapy is not approved as a medical treatment in Japan. As such, both examinations and treatments are considered non-insured and self-funded (not covered by public health insurance).

✿ Expected Benefits of NMN infusion therapy

The following safety aspects have been confirmed through research in Japan.

- ① NMN can be safely administered to healthy individuals.
 - ② The administered amount is properly metabolized within the body.
- This research suggests that NMN IV therapy may be useful in the future for preventing and treating age-related diseases.

✿ Potential Clinical Benefits

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| • Anti-aging care | • Sleep function improvement | • Activation of sirtuin genes |
| • Neurological disorders | • Alzheimer's disease and cerebral hemorrhage | • Mitochondrial activation |
| • Diabetes | • Obesity and its related complications | |

✿ Reported Patient Experiences

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| • A sense of youthfulness | • Enhanced metabolism | • Smoother and more refined skin texture |
| • Increased energy and vitality | • Improved sleep quality | • Reduced hair loss |
| • Improved cognitive function and concentration | • Increased estrogen levels | |

✿ Side effects

Vascular pain has been reported as a side effect of NMN infusion therapy.

✿ Caution

The effects of treatment may vary from person to person, and results are not guaranteed.

As with other treatments, ongoing accumulation of clinical cases may lead to changes in the current evaluation of this therapy and associated testing in the future.

During treatment, you must always follow the instructions of your attending physician. Failure to do so may not only reduce the effectiveness of the treatment but also result in adverse effects or complications.

If you experience any unusual symptoms during treatment, be sure to report them to your doctor or nurse and follow the physician's instructions after receiving a medical evaluation if necessary.