

Explanation and Consent Form for High-Dose Vitamin C IV Therapy

This document outlines important information and precautions regarding the treatment you will be receiving. Please read the following carefully and proceed with the therapy only after you have fully understood and agreed to the contents.

✿ For Patients Undergoing High-Dose Vitamin C IV Therapy

- ☐ The dosage of high-dose vitamin C used is 25g.
- ☐ Intravenous administration of high-dose vitamin C allows for significantly higher absorption compared to oral intake. By rapidly increasing the concentration in the bloodstream, this therapy provides a strong antioxidant effect by neutralizing free radicals.
- ☐ Individual results may vary, but this treatment is often used for conditions such as dark spots, melasma, skin brightening, wrinkles, dull complexion, prevention of sagging, and even as preventive care against cancer.
- ☐ For patients receiving a 25g high-dose vitamin C infusion, screening for G6PD deficiency is required. Therefore, we require all first-time patients to undergo G6PD testing at our clinic. If you have already been tested at another facility, please provide documentation of the test results. For details, please refer to the attached information sheet.
- ☐ In rare cases, side effects such as diarrhea, nausea, heartburn, headache, and facial flushing may occur. Please contact us if you experience any concerning symptoms.
- ☐ Pain or redness at the injection site may occur during the IV. We can adjust the infusion rate to alleviate discomfort, so please inform the medical staff or physician.
- ☐ If you have impaired liver or kidney function, or any abnormalities in these organs, or if you have untreated or suspected hyperthyroidism, please notify the physician or medical staff.